



Wardlaw's Perspectives in Nutrition

Carol Byrd-Bredbenner, Jacqueline Berning, Donna Beshgetoor, Gaile Moe

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Perspectives in Nutrition, 8th edition, is an introductory nutrition text appropriate for nutrition and science majors, as well as mixed majors/non-majors nutrition courses. This text has the richly deserved reputation of providing an accurate, current, in-depth and thoughtful introduction to the dynamic field of nutrition. The 8th edition introduces a new author team whose primary goal has been to maintain the strengths and philosophy that have been the hallmark of this book yet enhance the accessibility and personal application of materials for today's students.

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