



You Matter

Bill Maynard

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You Matter: Dealing with Life's Challenges and Choices is a phenomenal tool to empower young adults. This guide helps readers proactively cope with the challenges life will inevitably throw their way. Top American educator and CEO Dr. Bill Maynard captures what makes the difference in, a rewarding self-help adventure guide for young adults. Candid, eye opening, and truly inspired, this upbeat, hands-on series of lessons is based on the author's wildly popular course at Washington State University's College of Business. In eight engaging chapters with titles like "Who Are You Really," "Raising Your Parents," and "Being in Love and Breaking Up," students themselves and Maynard tell it like it is-and how it could be. His primary goal is to ignite readers' passions as well as their problem-solving skills. He wants young people to know that they're not alone; everyone has challenges, it's a matter of taking charge and applying one's talents and abilities that makes the difference between mere survival and definitive success. Each fully annotated chapter features clever self-assessment tools and "Key Takeaways" that outline what's not to be missed. Filled with real-life stories, Maynard guides readers along practical pathways through experience-based learning applications. He makes a point to cover real-life issues such as depression, sex, betrayal, and the death of loved ones, because it is certain that the future will hold challenges for each and every one of us. Maynard, it's about empowerment, and it's about becoming keenly aware of the fact that bad stuff is bound to happen. When tough times hit, what matters is that who and what we are counts, because make no mistake-life is what we make it!

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