



Sigmund Ringeck's Knightly Arts Of Combat: Sword and Buckler Fighting, Wrestling, and Fighting in Armor

David Lindholm, Peter Svard

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The lessons of influential 15th-century fencing master Sigmund Ringeck are brought to life once again by David Lindholm and Peter Svård, the duo behind Sigmund Ringeck's Knightly Art of the Longsword. This lavishly illustrated companion to Longsword examines Ringeck's instruction on fighting with the sword and buckler, fighting in armor with longsword and spear, and wrestling. These disciplines and more are fully explained both by Ringeck's text (offered in the original old German as well as the authors' English translation) and detailed captions for the step-by-step illustrations. The timeless works of Ringeck, who is best known for his interpretations of the teachings of grand master Johannes Liechtenauer, offer a rare opportunity to experience a firsthand account of this important period in the development of the Western martial arts. This book will be treasured by aficionados of the medieval arts of combat for generations to come. Foreword by John Clements.

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