



## Handbook of Culture, Therapy, and Healing

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# Handbook of Culture, Therapy, and Healing

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Emotional, as well as physical distress, is a heritage from our hominid ancestors; it has been experienced by every group of human beings since our emergence as a species. And every known culture has developed systems of conceptualization and intervention for addressing it.

The editors have brought together leading psychologists, psychiatrists, anthropologists, and others to consider the interaction of psychosocial, biological, and cultural variables as they influence the assessment of health and illness and the course of therapy. The volume includes broadly conceived theoretical and survey chapters; detailed descriptions of specific healing traditions in Asia, the Americas, Africa, and the Arab world.

The *Handbook of Culture, Therapy, and Healing* is a unique resource, containing information about Western therapies practiced in non-Western cultures, non-Western therapies practiced both in their own context and in the West.

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