

Stuck with Mr. Wrong?: Ten Steps to Starring in your own Life Story

Amy Beth O'Brien

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Have you ever wished your life could be like a movie? In this warm and engaging book, author Amy O'Brien explains, step by step, how you can change the life you feel stuck in and start living a life you star in. With a winning combination of real-life stories and movies we all have seen and loved, she shows you how to avoid some mistakes and undo others. Instead of feeling like the best supporting actress-taking care of everyone but yourself-you can rewrite, edit, and shape your life into stories that make you, and the people who love you, happy and proud. "When you embrace your role as writer of your life movie, listen to your wise director, discard your dark inner princess, become a producer, learn your lines, set the stage, edit your film, and stop playing best supporting actress to your man, you will discover what I have learned: You are never truly stuck in any relationship. You have the power to free yourself from Mr. Wrong. Stuck is a state of mind. And your mind is something you can change."



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