

Super Consciousness: The Quest for the Peak Experience

Colin Wilson

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History is laced with examples of individuals who have experienced states of powerfully heightened awareness. Known as Peak Experiences (PEs), these periods of extreme mental, emotional, and creative invigoration have often resulted in great achievements. Bestselling author Colin Wilson has long pursued the nature of PEs, and here are the results of his 40-year investigation. Through a wealth of engaging anecdotes, he reveals how the PEs of such historical figures as Yeats, Blake, and Sartre, among others, influenced their work. Plus, he offers clues to unlocking this spiritual power in our own lives.



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