



# **Chicken Soup for the Preteen Soul: 101 Stories of Changes, Choices and Growing Up for Kids, ages 9-13 (Chicken Soup for the Soul)**

*Jack Canfield, Mark Victor Hansen, Patty Hansen, Irene Dunlap*

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From remembering their own life experience or to watching their own children grow, most people recognize that the preteen years, ages nine to thirteen, can be one of the most awkward times in life—a period of tremendous physical and emotional change. At this age, youngsters are eager to leave the "kid" stage, yet are uncertain about what adolescence will bring; they'd rather listen to peers over parents, and hear all too often to "wait until you're older." *Chicken Soup for the Preteen Soul* will guide kids through this transition.

Written by and for preteens, this uplifting collection of stories touches on the emotions and situations they experience every day: making and losing friends, fitting in while keeping their personal identity, discovering the opposite sex, dealing with pressures at school including violence, and coping with family issues such as divorce.

Chapters include: On Love, On Family, On Friendship, On Choices, On Changes, On Overcoming Obstacles, Eclectic Wisdom, Tough Stuff, Attitude and Perspective and Achieving Dreams. Contributors include: \*NSYNC, Mia Hamm, Beverley Mitchell and Karl Malone.

Whether first-time *Chicken Soup* readers or "graduates" of the bestselling *Kid's Soul* book, preteens are sure to include this in their backpacks and book bags.

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