



The Truth About Love: The Highs, the Lows, and How You Can Make It Last Forever

Dr. Patricia Love

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Don't break up before the breakthrough!

Have you ever believed that you have fallen out of love, or said "I still love him but I'm not IN LOVE anymore?" In this groundbreaking guide to the physiology and psychology of lasting love, Dr. Pat Love reveals that love has normal, predictable stages that include highs and lows, and that many couples mistake the lows for the end of love. *The Truth About Love* is an inspiring, practical guide that will teach you how not to break up before the breakthrough realization: You can create the true love you long for *with the partner you already have*.

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