



# Botanical Medicine for Women's Health, 1e

*Aviva Romm*

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## Botanical Medicine for Women's Health, 1e Aviva Romm

A comprehensive resource of medical and herbal interventions related to women's health issues, **Botanical Medicine for Women's Health** provides a unique combination of traditional and modern scientific data on herbal medicine. Written by Aviva Romm, MD, an experienced herbalist, physician, and midwife, this guide blends a clinician-sensitive and patient-centered approach to women's health issues. Coverage of menstrual health, fertility, breast conditions, and more makes this an essential resource for everyday practice.

*Winner of the 2010 American Botanical Council's James A. Duke Excellence in Botanical Literature Award!*

- **Expert author Dr. Aviva Romm** combines her experience as an herbalist, physician, and midwife for a fully integrated approach to medical and botanical interventions.
- **Convenient organization** begins with herbal medicine and then covers health conditions organized chronologically by lifecycle help you understand the relationship between herbal medicine and women's health.
- **Plant profiles** include principle uses, clinical indications, and safety information on the 10 most commonly used botanicals for women's health.
- **Detailed illustrations and professional plant photographs** enable you to identify herbs visually as well as by substance make-up.
- **Specialized focus on women's health and botanical medicine** provides the specific information you need for treating women at any stage of life.
- **Content on over 150 botanicals for over 35 different conditions** make this a comprehensive resource for current, evidence-based information.
- **Appendices on common botanical names, quick dose reference charts, adverse interactions, and botanical medicine resources** offer practical information at a glance.
- **Over 30 expert contributors** with a combination of practical experience as clinicians and teachers provide a unique, clinically based perspective on botanical medicine.

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