



Tea in China: A Religious and Cultural History

James A. Benn

Download now

[Click here](#) if your download doesn't start automatically

Tea in China: A Religious and Cultural History

James A. Benn

Tea in China: A Religious and Cultural History James A. Benn

Tea in China explores the contours of religious and cultural transformation in traditional China from the point of view of an everyday commodity and popular beverage. The work traces the development of tea drinking from its mythical origins to the nineteenth century and examines the changes in aesthetics, ritual, science, health, and knowledge that tea brought with it. The shift in drinking habits that occurred in late medieval China cannot be understood without an appreciation of the fact that Buddhist monks were responsible for not only changing people's attitudes toward the intoxicating substance, but also the proliferation of tea drinking. Monks had enjoyed a long association with tea in South China, but it was not until Lu Yu's compilation of the *Chajing* (The Classic of Tea) and the spread of tea drinking by itinerant Chan monastics that tea culture became popular throughout the empire and beyond. Tea was important for maintaining long periods of meditation; it also provided inspiration for poets and profoundly affected the ways in which ideas were exchanged. Prior to the eighth century, the aristocratic drinking party had excluded monks from participating in elite culture. Over cups of tea, however, monks and literati could meet on equal footing and share in the same aesthetic values. Monks and scholars thus found common ground in the popular stimulant - one with few side effects that was easily obtainable and provided inspiration and energy for composing poetry and meditating. In addition, rituals associated with tea drinking were developed in Chan monasteries, aiding in the transformation of China's sacred landscape at the popular and elite level. Pilgrimages to monasteries that grew their own tea were essential in the spread of tea culture, and some monasteries owned vast tea plantations. By the end of the ninth century, tea was a vital component in the Chinese economy and in everyday life. *Tea in China* transcends the boundaries of religious studies and cultural history as it draws on a broad range of materials - poetry, histories, liturgical texts, monastic regulations - many translated or analyzed for the first time. The book will be of interest to scholars of East Asia and all those concerned with the religious dimensions of commodity culture in the premodern world.

 [Download Tea in China: A Religious and Cultural History ...pdf](#)

 [Read Online Tea in China: A Religious and Cultural History ...pdf](#)

Download and Read Free Online Tea in China: A Religious and Cultural History James A. Benn

From reader reviews:

Shannon Silva:

Reading a publication tends to be new life style on this era globalization. With reading through you can get a lot of information that will give you benefit in your life. With book everyone in this world could share their idea. Books can also inspire a lot of people. Plenty of author can inspire their reader with their story or maybe their experience. Not only the storyplot that share in the books. But also they write about the information about something that you need example of this. How to get the good score toefl, or how to teach children, there are many kinds of book that you can get now. The authors on earth always try to improve their ability in writing, they also doing some exploration before they write to their book. One of them is this Tea in China: A Religious and Cultural History.

Gordon Rollins:

Spent a free time and energy to be fun activity to perform! A lot of people spent their leisure time with their family, or their particular friends. Usually they carrying out activity like watching television, planning to beach, or picnic in the park. They actually doing same every week. Do you feel it? Do you want to something different to fill your free time/ holiday? Might be reading a book could be option to fill your free time/ holiday. The first thing you will ask may be what kinds of publication that you should read. If you want to try out look for book, may be the e-book untitled Tea in China: A Religious and Cultural History can be excellent book to read. May be it could be best activity to you.

Rita Furguson:

This Tea in China: A Religious and Cultural History is great publication for you because the content that is full of information for you who also always deal with world and get to make decision every minute. This specific book reveal it data accurately using great coordinate word or we can state no rambling sentences inside it. So if you are read it hurriedly you can have whole information in it. Doesn't mean it only provides straight forward sentences but tough core information with attractive delivering sentences. Having Tea in China: A Religious and Cultural History in your hand like finding the world in your arm, details in it is not ridiculous one particular. We can say that no guide that offer you world inside ten or fifteen small right but this book already do that. So , this is good reading book. Hello Mr. and Mrs. stressful do you still doubt which?

William Bell:

Within this era which is the greater particular person or who has ability to do something more are more special than other. Do you want to become one of it? It is just simple way to have that. What you are related is just spending your time not very much but quite enough to have a look at some books. One of many books in the top listing in your reading list will be Tea in China: A Religious and Cultural History. This book that is qualified as The Hungry Slopes can get you closer in turning into precious person. By looking way up and review this guide you can get many advantages.

Download and Read Online Tea in China: A Religious and Cultural History James A. Benn #SV2Z4GAD87W

Read Tea in China: A Religious and Cultural History by James A. Benn for online ebook

Tea in China: A Religious and Cultural History by James A. Benn Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Tea in China: A Religious and Cultural History by James A. Benn books to read online.

Online Tea in China: A Religious and Cultural History by James A. Benn ebook PDF download

Tea in China: A Religious and Cultural History by James A. Benn Doc

Tea in China: A Religious and Cultural History by James A. Benn Mobipocket

Tea in China: A Religious and Cultural History by James A. Benn EPub