



El conejito que quiere dormirse: Un nuevo método para ayudar a los niños a dormir (The Rabbit Who Wants to Fall Asleep: A New Way of Getting Children to Sleep) (Spanish Edition)

Carl-Johan Forssén Ehrlin

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¡El bestseller que ha revolucionado la hora de acostarse!

¿Está cansado de la misma batalla noche tras noche antes de dormir?

¿Se siente agotado mientras que su hijo no tiene ganas de irse a acostar?

Entonces es el momento de que conozca este innovador cuento infantil (aprobado por niños) que emplea una técnica desarrollada por Carl-Johan Forssén Ehrlin, un coach de vida con formación en psicología. Resulta tan simple como leer una historia sencilla con un lenguaje especial que ayuda a los niños a relajarse y quedarse dormidos. Funciona perfectamente para leerla a la hora de la siesta o antes de acostarlos a dormir por la noche. Cuando el conejito no puede dormir, Mamá Coneja lo lleva a ver a Tío Bostezo, que sí sabe lo que hay que hacer.

ENGLISH DESCRIPTION

The groundbreaking #1 bestseller is sure to turn nightly bedtime battles into a loving and special end-of-day ritual. This child-tested, parent-approved story uses an innovative technique that brings a calm end to any child's day.

Do you struggle with getting your child to fall asleep?

Join parents all over the world who have embraced The Rabbit Who Wants to Fall Asleep as their new nightly routine.

When Roger can't fall asleep, Mommy Rabbit takes him to see Uncle Yawn, who knows just what to do. Children will join Roger on his journey and be lulled to sleep alongside their new friend.

Carl-Johan Forssén Ehrlin's simple story uses a unique and distinct language pattern that will help your child relax and fall asleep—at bedtime or naptime.

Reclaim bedtime today!

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