



Psychiatric Mental Health Nursing, 5e (Psychiatric Mental Health Nursing (Fortinash))

Katherine M. Fortinash MSN APRN BC PMHCNS, Patricia A. Holoday Worret MSN APRN BC PMHCNS

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Focusing on what psychiatric nurses actually do in everyday practice, **Psychiatric Mental Health Nursing, 5th Edition**, uses a balanced nursing-medical approach to cover all of the most common disorders and treatments. The text's full-color illustrations and straightforward style help you make sense of challenging material. And its strong emphasis on the nursing process, updated DSM-IV-TR diagnostic criteria, interdisciplinary interventions, and the latest mental health practices boost your confidence in managing clients and prepare you for success on the NCLEX[®] examination.

- **UNIQUE! Balanced nursing-medical approach** offers strong baseline coverage of the nursing process and interdisciplinary interventions and focuses on what psychiatric nurses actually do.
- **Complete coverage of the nursing process** features the six-step problem-solving method and how to put it into practice.
- **DSM-IV-TR Criteria boxes** list categories of mental disorders and the criteria for diagnosing them.
- **Nursing care plans** provide care guidelines for each plan and include a brief case study, followed by assessment, diagnosis, goal setting, interventions with rationales, and evaluation.
- **UNIQUE! Clinical Alert boxes** address issues critical to the safety or well-being of the client.
- **Case studies** depict effective nursing care strategies and promote critical thinking.
- **Research for Evidence-Based Practice boxes** discuss the implications of current research studies.
- **Client and Family Teaching Guidelines boxes** focus on the issues confronting families when a member suffers from mental illness.
- **UNIQUE! Medication Key Facts boxes** highlight the most common psychopharmacologic interventions along with safe and effective use.
- **Nursing Assessment Questions boxes** include questions that should be asked in the assessment of a particular disorder.
- **Clinical Symptoms boxes** help you apply content to the real world.
- **Additional Treatment Modalities boxes** summarize other modalities and interventions used in conjunction with nursing interventions in the treatment of a particular disorder.
- **Chapter summaries** conclude each chapter with the most significant ideas to remember.
- **Review questions** with answers in the appendix offer immediate reinforcement of chapter content and help you prepare for the NCLEX Examination.
- **Glossary** provides concise definitions of key terms.
- **Objectives and key terms** emphasize the most important concepts from each chapter.
- **UNIQUE! Enhanced readability** makes it easier for you to grasp difficult material.
- **UNIQUE! Concept map** highlights the nurse's role in psychiatric care.
- **NEW! Adaption to Stress chapter** covers basic neuroanatomy and the psychobiological aspects of psychiatric disorders, and shows you how to manage stress.
- **NEW! Forensic Nursing in Clinical Practice chapter** explains current therapies used in the treatment of physiological and psychological health problems and demonstrates the importance of the nurse's role in providing holistic nursing care.

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