



What to Expect When You're Expecting

Arlene Eisenberg, Heidi Murkoff, Sandee Hathaway



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What to Expect When You're Expecting Arlene Eisenberg, Heidi Murkoff, Sandee Hathaway This book looks like new. It has about 6 pages inside that are dog eared, but the cover and pages look great. Besdies the pages it looks like no one read it. This is a great book! Now with over 9.9 million copies in print, What to Expect When You're Expecting is AmericaIs pregnancy bible. Featuring an easy-to-follow monthby-month format, this indispensable book reassuringly leads readers through a wealth of information.Here is what parents-to-be need to know about choosing a caregiver, prenatal diagnosis, exercise, childbirth options, second pregnancies, twins, making love during pregnancy, having a cesarean, and coping with common and not-so-common pregnancy symptoms. Also included are step-by-step guides through labor and delivery, postpartum care, and breastfeeding, a full section just for fathers-to-be, and a 24-page "Pregnancy Notes" insert for keeping detailed records of prenatal test results, weight gain, doctorIs visits, observations, and more.Updated with each printing, What to Expect When You're Expecting incorporates the most recent developments in medical science and responds to the many letters and queries received from readers. Selection of the Book-of-the-Month Club, the Better Homes & Gardens Family Book Service, and ABA Basic Booklist. Winner of the ParentIs Choice FoundationIs 1991 Parenting Shelf Award.

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