



# Frugal Living For Dummies

*Deborah Taylor-Hough*

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Feel like you're trying to dig out from under a mountain of debt without a shovel? Tired of working your tail off just to break even? Is the high cost of living taking all the joy out of life? Unless you're one of the top two percent of wealthiest Americans, all of the above should sound painfully familiar. While they're trying to decide between the ski lodge in Telluride and the Tuscan villa, for the rest of us, it's an endless litany of corporate lay-offs, stagnant wages, crushing credit card debt, skyrocketing medical costs, exorbitant utility bills, the high cost of higher education.... And they call this "the good life." Is there a better way to live? Can you get what you need and what you want without killing yourself to get it? "Absolutely," says frugal-living guru Deborah Taylor-Hough, and in *Frugal Living For Dummies*, she shows you how.

In this warmhearted guide to living the good life on less, Deborah shows you how to live within your means and enjoy doing it. Among other things, she shows you how to:

- Eat like a king on a peasant's budget
- Take the sting out of gift-giving
- Dress well on a shoestring
- Save big bucks on family expenses
- Slash household expenses
- Save on medical expenses
- Involve the whole family in saving money
- Save more for the things you want

From basement to attic, cradle to grave, *Frugal Living For Dummies* covers all areas of life with common sense advice and guidance on:

- Working with your partner to achieve financial goals
- Going to the grocery without being taken to the cleaners
- Quick and thrifty cooking techniques
- Providing kids the basics on a tight budget
- Putting kids through school without going broke
- Looking good and feeling good on a tight budget
- Frugal holiday fun year round
- Saving money around the house and driveway
- Finding quality in pre-owned merchandise

Packed with tried-and-true techniques for cutting costs and stopping the insanity, *Frugal Living For Dummies* is the ultimate financial survival guide for the rest of us.

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